



Newsletter

October 2020

We have made it through one month of school and it has been great seeing all the kids smiling faces. With the colder weather approaching unfortunately so is cold and flu season. With staff and students following the COVID-19 health and safety protocols that were put in place, we are hoping that will help to decrease the spread of not only COVID-19 but also the flu in our schools.

Some parents have been contacting the school nurse as to whether or not they should send their child to school. More now than ever before, it is important to keep your child home when he/she does not feel well. Daily health checks must be done prior to sending your child to school. Please refer to the daily screening tool to familiarize yourself with the process. [Daily Wellness Check for Parents/Guardians to Complete on Behalf of their Student\(s\)](#). This can also be found on the Butler Area School District website under the COVID-19 tab, health protocol section.

A good rule to follow: “when in doubt, keep them out”.

Since many symptoms of COVID-19 are also present in common illnesses like the common cold, the flu, or seasonal allergies. The table below illustrates some of the overlap between the symptoms of COVID-19 and other common illnesses.

Symptoms of COVID-19	Strep Throat	Common Cold	Flu	Asthma	Seasonal Allergies
Fever	X		X		
Cough		X	X	X	X
Sore Throat	X	X	X		X
Shortness of Breath				X	
Fatigue		X	X	X	X
Diarrhea or Vomiting	X		X		
Runny Nose		X	X		X
Body or muscle aches	X	X	X		

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/symptom-screening.html>

A few friendly reminders:

Please do NOT send your child to school if he/she has or has had:

- ✚ A fever more than 99.5 degrees within the last 24 hours. Must be fever free without medication for 24 hours
- ✚ Vomiting or diarrhea within the last 24 hours
- ✚ Continuous coughing, not relieved with cough medicine

The goal of keeping our schools healthy involves all of us!