BUTLER AREA SCHOOL DISTRICT

## WORKPLACE SAFETY

# NEWSLETTER

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# SLIPS, TRIPS & FALLS

Slips, trips and falls are a major cause of workplace injuries. Unsafe conditions and behaviors, along with a lack of safety awareness, can lead to these types of accidents.

#### Some hazards associated with slip, trip and fall injuries include:

- -Slippery surfaces such as a gloss-finished tile, polished stone, etc.
- -Holes or broken surfaces.
- -Uneven walking surfaces.
- -Poorly marked and/or poorly lit walkway transitions.
- -Wet surfaces caused by spills or poor drainage.
- -Slippery conditions due to mud, ice or water during inclement weather.

## Routine inspection and maintenance should be a regular part of your safety program to help prevent falls for both employees and visitors.

- -Design your entrances and walkways to accommodate the expected volume of foot traffic in your buildings.
- -Conduct periodic walkthrough surveys of your premises to help ensure your property is kept in safe condition.
- -Ensure all walkways are properly lit.
- -Maintain all flooring surfaces at all times.
- -Use slip-resistant floor treatments, especially in areas proven to be wet.
- -Apply floor treatments to manufacturer's instructions.
- -Use "wet floor" signs to warn of known hazards.
- -Schedule maintenance on floor surfaces during times of low traffic.
- -Have spill cleanup supplies readily available.
- -Ensure that entry areas are properly maintained and any mats are secure.
- -Promptly investigate incidents, and document findings if an accident or injury occurs.



#### SAFETY COMMITTEE

Nicholas D. Morelli Acting Director of Business Services Representing Administration

> Dave Andrews Instructional Coach Representing Managerial

#### **Chad Broman**

Center Township Elementary School Assistant Principal Representing Managerial

#### Kristen Clouse Human Resources Representing Managerial

Breit Cochran Intermediate High School Social Studies Teacher Representing BEA

Anita English Special Education Secretary Representing PSEA/NEA/ESPA

> Bob Plocki Maintenance Representing SEIU

Les Zang Supervisor of Custodial Maintenance Representing Managerial

> Ellen Scott Recording Secretary

# ACCIDENT REPORT 2<sup>ND</sup> QUARTER 2020-2021 SCHOOL YEAR

There was a total of 19 reported injuries through the second quarter of the 2020-2021 school year with 5 of the accidents resulting in loss of work time.

# The following is a breakdown of the number of injuries per employee class:

Custodian: 5

General Maintenance: 1 Paraprofessional: 6

Secretarial: 1

**Supplemental Coach: 1** 

Teacher: 5

When Walkways Freeze, Walk Safely Please.

## **WALKING SAFELY:**

WHETHER YOU WORK INDOORS OR OUTDOORS, YOU WILL HAVE TO DO AT LEAST SOME WALKING OUTSIDE. KEEP AN EYE OUT FOR ICE, AND IF IT'S DARK OUTSIDE WHEN YOU LEAVE WORK, (SOMETHING THAT IS VERY COMMON IN THE THICK OF WINTER), WALK AS A DUCK WOULD WALK, AS IF SLIGHTLY SQUATTING (TO CENTER YOUR BALANCE). THIS WILL HELP YOU AVOID SLIPPING AND FALLING.



THE DOOR TO SAFETY
SWINGS ON THE HINGES
OF COMMON SENSE.

THE HANDS AND FEET ARE THE BODY PARTS MOST SUSCEPTIBLE TO FROSTBITE, SO EMPLOYEES WHO WORK OUTDOORS DURING WINTER SHOULD WEAR MITTENS (THEY RETAIN BODY HEAT BETTER THAN GLOVES) AND LAYERS OF SOCKS. THEY MAY ALSO WISH TO USE SMALL HAND-AND-FOOT HEATING PACKS THAT MANY SKIER'S AND OUTDOOR SPORTS ENTHUSIASTS USE FOR SKIING AND ICE FISHING.

### <u>INJURED AT WORK??</u>

### HERE'S WHAT TO DO!!

If you have an accident at work, immediately notify your supervisor or building principal. They will provide the appropriate forms needing completed to report your accident.

UPMC will continue to be the district's Workers' Compensation provider for the 2020-2021 school year. Initial treatment for your injury, unless an emergency, should only be sought at one of the following providers:

MED EXPRESS URGENT CARE
(ANY LOCATION)
OR

CONCENTRA MEDICAL CENTER 15 FREEPORT ROAD, SUITE 100 PITTSBURGH, PA 15215

Please note: FAST ER CARE is <u>not</u> an eligible provider for a Workers' Compensation Injury.



### **SHOVELING SAFETY:**

WORKERS WHO SHOVEL SHOULD TREAT IT AS A WORKOUT. THEY SHOULD STRETCH BEFOREHAND AND AVOID CONSUMING ANYTHING THAT INCREASES THE HEART RATE, ESPECIALLY CAFFEINE AND NICOTINE.