

The Nutrition Group Monthly Bites

A Well Balanced Diet

- Did you know your student's menus are interactive? Scroll over any menu item to get complete nutritional values.
- Did you know our Ham and Cheese on a Pretzel Roll are not like regular Ham and Cheese on a Pretzel Roll. Our Ham and Cheese on a Pretzel Roll have lower calories, lower fat content, lower cholesterol, lower sodium, and lower sugar.

	Sheetz Ham and Cheese on a Pretzel Roll	Ham and Cheese on a Whole Grain Pretzel Roll
Calories	578	248
Fat	18 G	6 G
Cholesterol	46 MG	25 MG
Sodium	1177 MG	828 MG
Sugar	15G	4 G

The screenshot shows a mobile app interface with a menu on the left and right, and a central nutrition facts panel for 'Ham and Cheese on a Pretzel Bun'. The nutrition facts are as follows:

1 each		Serving Size
248		Calories
6 g		Fat
2.7 g		Saturated Fat
0 g		Trans Fat
25 mg		Cholesterol
828 mg		Sodium
32 g		Total Carbs
3 g		Fiber
4 g		Sugar
17 g		Protein
0 RE		Vitamin A
200 IU		Vitamin A
95 mg		Calcium
0 mg		Vitamin C
2.1 mg		Iron

Below the nutrition facts is a 'Show Special Diets Info' link and a rating section: 'How would you rate this food?' with five stars.

Updates

- Make sure your students have their lunch account balance paid before the end of the year.

Parents

- Butler School District has a new charge policy for student accounts. Check out the changes at the Butler School District Web Page: www.basdk12.org Food Service Department
- You can view your students account for free at myschoolbucks.com.
- Did you know the food service department can provide the snacks for your students classroom Birthday Treat? All snacks are peanut/tree nut free. For more information go to www.basdk12.org Food Service Department
- If your student has allergies have your doctor fill out the [Special Diet Medical Form at www.basdk12.org Food Service Page](http://www.basdk12.org Food Service Page).

Faculty

- **Field Trip Reminder**— If your class is taking a field trip make sure field trip forms are turned in two weeks prior to the field trip.
- **Faculty Celebrations**— Contact the food service department to cater your party!!!
- Elementary faculty did you forget your lunch? No worries! Stop in the cafeteria, Adult Portions of the student's selections are always available!
- Secondary faculty look for new items on your faculty line and check out our preorder specialty sandwiches and salads.
- Go to www.basdk12.org Food Service page to check out at the preorder lunch menu.

Want to work the same hours as your student's? Come work in the School Cafeteria. Apply at www.basdk12.org on the Food Service Page

Food Service Department:

FSD: Ron Rick

724-214-3221

Ronald_rick@butler.k12.pa.us

Assistant FSD: Dena Brown

724-214-3224

Dena_brown@butler.k12.pa.us

YOUR SCHOOL MENU HAS NOW GONE DIGITAL!



The Nutrition Group introduces Nutrislice: an interactive, online way to view your child's school menus. With Nutrislice, you can:



- View images and descriptions
- View nutrition information for each food
- Filter the menu for specific food allergens
- Rate foods and see carb counts
- Access menus with the Nutrislice mobile app!

Visit: basdk12.nutrislice.com

